GOOD NEWS FOR HOMEMAKERS

By Shirley W. Walton
Extension Agent

TOMATOES

Look for tomatoes which are well formed, smooth, well ripened and reasonably free from blemishes.

Avoid overripe and bruised tomatoes, tomatoes with sunburn (green or yellow areas near the stem scar) and growth cracks (deep cracks around the stem scar). Avoid decayed tomatoes which will have soft, water-soaked spots, depressed areas, or surface mold.

A bushel of tomatoes weighs about 53 pounds and will yield approximately 18 quarts of canned tomatoes.

CANNING TOMATOES

Wash tomatoes. Loosen skins by dipping tomatoes into boiling water for about ½ minutes; then into cold water. Skins should slip off easily. Remove stem scar and core. Leave tomatoes whole or cut into halves or quarters.

RAW PACK: Pack tomatoes to ½ of top pressing gently to fill spaces. Tomatoes will make their own juice. Do not add water as it dilutes the flavor. Add ½ teaspoon salt to pint jars; 1 teaspoon to quarts. Remove air bubbles by running spatula or knife between jar and food. Adjust jar lids.

Process in boiling water bath canner (212°F.).

Pint jars	35 minutes
Quart jars	45 minutes

HOT PACK: Bring tomatoes to a boil; stir to keep from sticking. Pack boiling hot tomatoes in jars leaving ½-inch headspace. Add ½ teaspoon salt to pint jars; 1 teaspoon to quarts. Remove air bubbles by running spatula or knife between jar and food. Adjust jar lids.

Process in boiling water bath canner (212°F).

Pint jars	10 minutes
Quart jars	10 minutes

RECIPES OF THE WEEK

CANNING TOMATO JUICE

Wash tomatoes, remove stem scar and core, and cut into pieces. Simmer until softened; stir frequently to keep from sticking. Run through food mill, colander, or strainer. Add 1 teaspoon salt for each quart of juice. Bring juice to boil.

Pour boiling hot juice into jars leaving ½-inch headspace. Adjust jar lids.

Process in boiling water bath canner (212°F.).

Pint jars	10 minutes
Quart jars	10 minutes

Tomatoes have always been classified as an acid food which can be safely processed in a boiling water bath canner. Some newer varieties of tomatoes are less acid and there is some question as to whether they are sufficiently acid to prevent bacterial growth. Some authorities have recommended adding small amounts of acid (1½ teaspoon lemon juice or ¼ teaspoon citric acid per pint) to increase the acidity. A small amount of granulated sugar may be added to offset the tarter flavor.

FREEZING TOMATOES

It's still not possible to freeze fresh whole tomatoes for fresh use. Freezing and subsequent thawing cause loss of the characteristic texture of the fresh tomato. Stewed tomatoes and tomato juice can be frozen satisfactorily.

To freeze stewed tomatoes, wash, remove stem scar and core, and halve or quarter. Cover and cook until tender, about 10 to 20 minutes. Set pan containing tomatoes in cold water to cool or pack tomatoes into containers and set the filled containers in cold water to cool or pack tomatoes into containers and set the filled containers in cold water. Leave ½ to 1½ inches headspace -- the smaller amount for wide topped pint containers; the larger amount for narrow topped quarter containers.

Seal. Freeze; store at 0°F. or below.

To freeze tomato juice, prepare juice as for canning. Add 1 teaspoon salt for each quart juice. Pour into containers leaving headspace as above. Seal. Freeze; store at 0°F. or below.

The small amount of salt used adds flavor but may be omitted.

County Line

Mrs. Richard Nash has been sick with flu. Glad she's able to be getting out.

Mr. and Mrs. David Carson and Mrs. Polly Seay and Janice and Mr. and Mrs. Buck Edwards visited Mr. and Mrs. Richard Nash Sunday.

Mr. and Mrs. Richard Nash visited Mr. and Mrs. Pat Davis and family Friday night.

Mr. "Brutt" Ferguson was taken to the Lynchburg General Hospital Monday. We hope he'll soon be better and back home.

Mr. and Mrs. George D. Nash and family, Mr. H. D. Jennings and Mr. and Mrs. Loyd Nash were dinner guest of Mr. and Mrs. Elliott Nash and Dawn Sunday.

Mrs. Bill Pointer dislocated her shoulder in a fall. We hope she'll soon be well again.

Mrs. Ruth Mann, Mr. and Mrs. Walter Jordan, Mrs. Carolyn Martin, Mrs. Jean Hash, Mrs. Lucille Mullins and Mrs. Robert Mullins all made a business trip to Lynchburg last week.

Mr. and Mrs. Zimmerman and family visited in West Virginia recently.

Mrs. Reita Woody and brother R. L. Cordell, Jr. visited Mr. and Mrs. Bobby Phillips in Charlottesville last week and also in Washington, D.C.

Mrs. Edward Mayberry, grandmother of Mrs. Ralph Mayberry continues ill in a Lynchburg hospital. We hope she'll soon be better.

Mrs. Gilda Mayberry, Liz and Mrs. Danny Gallier and son and Mrs. Frances Johnson visited Mr. and Mrs. Tom Goin and family Thursday.

Miss Nancy Goin and Miss Mamie Goin visited their cousin, Miss Rita Goin, a few days last week.

Week end visitors of Mr. and Mrs. Tom Goin and family were Mr. and Mrs. Charlie Mayberry, Jr. and son and Mr. and Mrs. Jessie Johnson.

APPOMATTOX SOFTBALL LEAGUE STANDINGS

	W	
Lawson Ford	23	3
NAPA	19	6
Best Furniture Co.	17	9
Amoco Car Wash	16	9
Hilltoppers	11	13
Thomasville #1	7	19
Thomasville #2	5	21
Appo. Baptist Temple	4	22

Results Last Week

Lawson Ford, 7 - Best Furn., 5
NAPA, 9 - Amoco Car Wash, 3
Amoco Car Wash, 12 - NAPA, 10
NAPA, 13 - Amoco Car Wash, 5
Lawson Ford, 13-Amoco Car Wash, 7
Amoco Car Wash, 9-Thomasville #1, 5
Amoco Car Wash, 13 - Thomasville #1, 8
Best Furn., 6 - NAPA, 5
NAPA, 11-Best Furn., 9
Lawson Ford, 21-Thomasville #1, 4
Lawson Ford received four 7-0 forfeits from Thomasville #2.
Thomasville #1 received two 7-0 forfeits from Thomasville #2
Amoco Car Wash, 7 Thomasville #2, 0(forfeit)
NAPA, 7- Thomasville #2, 0 (forfeit)
Best Furn., 7 - Appo. Baptist Temple, 0 (Forfeit)
Hilltoppers, 8 - Thomasville #1, 0 (forfeit)
Best Furn., 7 - Thomasville #2, 0 (forfeit)
NAPA, 7 - Hilltoppers, 0 (Forfeit)
Lawson Ford, 7 - Appo. Baptist Temple, 0 (Forfeit)

YOUTH ASSOCIATION SETS DATE FOR FOOTBALL REGISTRATION

The Appomattox County Youth Association will hold football registration on Saturday, August 2, 1975 from 10 a.m. until noon in front of the Appomattox Primary School.

There will be a registration fee of $3.00 for those signing up for football.

Weight limits for boys 8 through 12 years of age is up to 120 pounds and for boys who are 13 years old the weight limit is 95 pounds.

Take this entry blank with you to an Organization Meeting Saturday morning, August 2, 1975, at 10 a.m. to noon, at the Appomattox Primary School.

Name .....Age.....Weight.....

Address .....Phone .....

Signature of Parents or Guardian

(I hereby give permission for the above named boy to play Little League Football)

For Boys 7-12

RELEASE

For and in consideration of my child being allowed to play football in the Campbell County Little League Football Program, I hereby release all coaches and officials of the Appomattox Youth Association from any and all liability as a result of any and all injuries which my child may sustain or receive while practicing in the above mentioned football program, either during practice or actual games or going to and from said practice or games.

_____ (SEAL)
Parent

_____ (SEAL)
Guardian

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Program Of Music To Be Presented At Evergreen

The Dan River Baptist Church Choir of Halifax, under the direction of the pastor, Rev. Farry Frakes, will present a program of music at the Evergreen Baptist Church on Sunday evening, August 3, 1975 at 7:00 p.m.

The public is cordially invited to attend.

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LEGION POST 104 ELECTS OFFICERS

At the Annual Meeting of American Legion Post 104 on Monday night of this week, officers for the new year were installed.

In the photo above, front row, left to right, are Phillip Boateman of Chase City, 4th District Vice Commander; Ronald Spiggle, newly elected Post Commander; T. A. Crawford of Fairfax, Virginia Department Commander; and Steve Bowling, Past Post Commander; and on the back row, left to right, are Jim Cobb, Chaplain; Ivey Holland, 1st Vice Commander; Dr. W. P. Geisler, 2nd Vice Commander; Burke Guill, Adjutant; George Wooldridge, Sgt.-At-Arms; and C. E. Harvey, Service Officer who was not present for photo.

Gladstone

Visiting Mr. and Mrs. Burke Smoot last week were Mr. and Mrs. Claude Stinson, from Ohio; Mr. and Mrs. Levi Stinson and Janie, from Maryland; Mr. and Mrs. Herman Johnson, of Clifton Forge.

Mr. Christian Carter has returned home from Emmett Memorial Hospital in Clifton Forge. We hope he will soon be well.

Mrs. Emmett Bolton remains a patient in Lynchburg General Hospital. We hope she will soon feel better.

Mrs. Doris Burks is a patient in Lynchburg General Hospital.

Rev. and Mrs. J. N. Williams, Renee, and Cheryl have returned home after visiting relatives in North Carolina and South Carolina.

Mr. Wayne Mundy has returned to his home in Baltimore after spending several weeks in the home of his grandmother, Mrs. Belle Mundy.

Mr. Lewis Harris has returned home from the hospital. Visiting him on Sunday were Mr. Charles Morgan, Mr. Joe Megginson, Mrs. Roy Harris and children, Mr. and Mrs. John Spiggle and Mr. Allen Baldwin, Mr. Hart Baldwin.

Mr. and Mrs. Tommie Wallace and children, from Lexington, visited Mrs. Wallace's father, Mr. Russell Ragland, who continues ill at his home.

We were sorry to hear of the death of Mr. Russell Ragland's mother, Mrs. Joseph Ragland of Wingina. We extend deep sympathy to the family of the deceased.

SURPRISE BIRTHDAY PARTY

Mrs. Thomas A. Garrett was honored by her children with a surprise birthday dinner on her birthday at her home on Sunday, July 27.

A delicious meal was served and good fellowship was enjoyed by all. The grandchildren were entertained by an afternoon of horseback riding.

Mrs. Garrett was presented with many nice and useful gifts.

Those present were Mr. and Mrs. William T. Garrett of Pamplin, Va.; Mr. and Mrs. David T. Garrett, Brenda, Rita, David, Jr., Timothy, Todd and Matthew of Evergreen; Mr. and Mrs. Robert Garrett, Cindy and Margaret of Lynchburg. Mr. and Mrs. Walter Pillow, Tina, Bobby, and Alton Ensley of Gladys, Va., Mrs. Tom Crews and Mildred, Mrs. Holmsey Ingo, Mrs. Charlie Garrett, Valeria, Charlene, and John Phelps, Mr. and Mrs. Garland Garrett, Mark and Brian Thomas, Mr. and Mrs. Herbert Garrett, Martha and Bernadine, all of Appomattox.

Named "Camper Of Week"

Teresa Cyrus, a rising Junior at Appomattox County High School was announced Girl Camper of the week, July 21-26 at Morgart's Beach, Smithfield Virginia, in recognition of excellent spirit of cooperation, good sportsmanship and participation in camp activities. Teresa won third place in the fashion show and was on the girls' championship softball team. She participated in many of the activities planned by the camp.

Appomattox received many awards from FFA-FHA camp in Individual and Team Sports. Some of the Individual sports which are available at camp are ping pong, basketball, croquet, badmitton, horse-shoes and checkers.

Teresa is the daughter of Mr. and Mrs. Harry Cyrus.

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1972 Chevrolet
IMPALA - Custom Coupe - Fully Equipped - Factory Air Condition - Extra Clean.

1972 Chevrolet
KINGSWOOD Station Wagon - Fully Equipped - Factory Air Condition - Extra Clean.

1974 Chevrolet
IMPALA - Custom Coupe - Fully Equipped - Factory Air Condition - Low Mileage - Extra Clean - One Owner.

1974 Chevrolet
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1972 Chevrolet
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1973 Ford
MUSTANG Coupe - V8 - Automatic Transmission - Power Steering - A M Radio - White Wall Tires - Low Mileage - Extra Clean.

1974 Jeep
WAGONEER Station Wagon - Fully Equipped - Factory Air Condition - Low Mileage - One Owner.

- TRUCKS -

1972 Chevrolet
EL CAMINO - 1/2 Ton Pick up - Fully Equipped - Factory Air Condition - Extra Clean - One Owner.

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